

Curriculum Vitae

David Roberts
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Education

MSW, SUNY Albany, 2002
Concentration: Direct Practice Social Work

B.A. Psychology, Utica College, 1977

Experience

Part -Time Therapist- 2015-present
Sacred Heart Healing Center, 8234 Turin Rd, Suite #2 Rome, N.Y. 13440
Description of Duties: Individual Therapy with two clients, case notes and development of individualized treatment plans.

Adjunct Faculty- 2013-present
Pratt MWP, 310 Genesee St., Utica, New York
Course(s): General Psychology, Mind, Body and Thought

Adjunct Lecturer, 2003 – 2006, Adjunct Instructor, 2006- 2008, Adjunct Professor-
2009- present
Utica College, 1600 Burrstone Rd, Utica, New York 13502
Courses: Principles of Behavior Change, Counseling and Interviewing Skills,
Abnormal Psychology, Group Dynamics, Topics in Psychology: Parental
Bereavement, Death, Dying and Bereavement, Addictions Counseling, Alcoholism,
Chemical Dependency and Mental Illness; Aging and Mental Health

Adjunct Instructor, 2004-2010
Mohawk Valley Community College, 1101 Sherman Drive, Utica, New York 13501
Courses: Introduction to Chemical Dependency, Introduction to Human Services,
Introduction to Group Counseling Skills.

Addictions Counselor/Clinical Supervisor May 8, 1986- July 11, 2012 (retired) McPike
ATC, 1213 Court St. Utica, New York 13502
Description of Duties: clinical supervision of counseling staff and student interns,
perform case management duties, member of facility's management team, provide
training to staff on violence intervention and prevention.

Licenses and Credentials

Licensed Master Social Worker (LMSW), State of New York, 2003-present.

Awards and Honors

- Certificate of Recognition, Utica College Psychology- Child Life Society: Awarded May 7, 2006.
- Nominated for Adjunct Faculty Award on March 29,2017.
- Certificate of Appreciation from Utica Women's Soccer Team in recognition of outstanding commitment and work ethic towards student athletes on October 19,2017.
- Certificate of Faculty Appreciation from Utica College Women's Basketball Team in recognition of outstanding contributions to the life of a student-athlete on November 12,2019, November,15,2017 and December 3,2014.
- Recipient of Adjunct Faculty Award, May 1,2018.
- Bio and Body of Work Featured on The International Forum for Well Being in Pregnancy on May 20,2018.
- Certificate of Teaching Excellence from Utica College Chapter of the National Society of Leadership and Success, December 8,2019.

Invited Talks

- Presented: "Grief and Loss Issues Involving the Death of a Child" for the Greater Upstate New York Chapter of the Association of Death and Education Counseling in Liverpool, New York during January of 2008.
- Presented: "The Bereaved Parent: Issues Involving Surviving Grandchildren." at the national conference of the Compassionate Friends in 2008, 2009, 2010, 2011, 2012 and 2013.
- Presented: "The Bereaved Parent: Five Years Later at the national Bereaved Parents of the USA gatherings in 2009, 2011,2015. Presented the same workshop at the national conference of the Compassionate Friends in 2010, 2011,2012, and 2013.
- Presented: "Teachings of Animals and Nature in Grief" at the national conference of The Compassionate Friends in Dallas Texas, July 2015.
- Opening keynote speaker at the national gathering of The Bereaved Parents of the USA in Reston, VA, in 2011. The topic was "The Evolution of Grief".
- Keynote speaker in July of 2015 at the national gathering of The Bereaved Parents of the USA in Hartford, Connecticut. Topic was:" Wallowing Through the Muck: Finding Joy and Meaning After Loss."

- Presentation with Dr. Steven Specht, Ph.D., Department of Psychology, titled “The Relationship Between Grief and Nostalgia: A Preliminary Investigation with Older Adults”, Faculty Research Day, Utica College, Utica, New York ,10/26/16.
- Appeared on the BBC podcast *World Have Your Say*, as part of a panel discussing the death of Carrie Fisher, 12/28/16.
- Presented a paper titled: “The Quest for Wholeness: Embracing the Duality of Energy” at the Southern Humanities Conference in Louisville, KY .1/27/17-1/29/17.
- Read an original work” Birds in the Rain “at the evening plenary session of The Southern Humanities Council Conference, Louisville, KY, on 1/27/17.
- Presented: “Journey of Self-Discovery: Empowerment in Grief “with Kris Munsch, Fort Hayes State University at the Navigating Through Grief: Help, Hope and Healing conference, Utica, New York on 6/9/17.
- Appeared on an Australian internet television show AM Healing My Soul, to discuss *Loss of a Child and Grief from a Male Perspective* 10/27/17.
- Presented a paper titled: “Life Is Illusion Posing as Truth: What Dreams, Memory and The Human Experience Reveal to Us About Us” at the Southern Humanities Conference in Savannah, GA 2/1/18-2/4/18.
- Read an original work” The Timelessness of Revelation “at the evening plenary session of The Southern Humanities Council Conference, Savannah, GA 2/1/18.
- Participated in Town Hall Question and Answer With Bereavement Experts at *A Day of Hope and Healing*, Coral Springs Florida on May 20,2018. The town hall was designed for members the Parkland, Florida Community and students and faculty of Stoneman Douglas High School in the aftermath of their school shooting on February 14,2018.
- Presented “Supporting Faculty After Traumatic Loss “as part of the aforementioned *Day of Hope and Healing* conference with Kris Munsch, Fort Hays State University.
- Interview with Heather Stang of Mindfulness and Grief training Institute, “A Father’s Grief Journey, Embracing Love, Loss, Shadow and Light . 12/13/18
- Interview with Lynda Fell of the International Grief Institute, “Reincarnation and Grief”, 1/7/19
- Presented a paper titled: “Developing capabilities on the Healing Road” at the Southern Humanities Conference in Asheville, NC 1/24/19-1/27/19
- Read an original work” Reaching the Summit in Our Grief Journeys: Teachings From Bald Mountain” at the evening plenary session of The Southern Humanities Council Conference, Asheville, NC. 1/24/19-1/27/19
- Interview with Heather Stang of Mindfulness and Grief Training Institute, “ Pet Loss and Grief. 4/4/19
- Interview with Lynda Fell of the International Grief Institute for Moments of Hope podcast: “Pet Loss: How to Mourn the Loss of a Best Friend” 6/3/19

- **Invited Talks(Cont'd)**

- Keynote speech and educational presentation titled “Learning to Fly After Catastrophic Loss” for The Tom Coughlin Jay Fund Foundation, Ponte Vedra, Fla. 6/29/19-6/30/19.
- Interview with Lynda Fell of the International Grief Institute, “Day of the Dead: Why Americans Fear It.” 10/21/19.
- Interview with Heather Stang of Mindfulness and Grief training Institute, “ Overdose Loss and Grief”. 2/26/20.
- Interview with Kim Justus for the Recovery Now Internet Radio Program, “Grief, Addiction and Healing”. 5/20/20
- Interview with Heather Stang of Mindfulness and Grief Training Institute, “ Surviving The Death of Our Beloved Cats and Dogs. “ 6/2/20
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Professional Memberships

National Association for Social Workers, 2015- present.

Books and Publications

- “Grandparenting Through Grief”, Fall 2007 issue of *Living with Loss Magazine*, Volume 22 No.3.
- “The Meaning of Community”, Fall 2007 issue of “*Common Threads*”, a publication of the Greater Upstate New York Chapter of the Association for Death and Education Counseling.
- “Grief, Loss and Chemical Dependency,” *Living with Loss Magazine*, Fall 2008, Vol.23, No.3.
- Roberts, David J. and Linda B. Findlay, *Mourning Discoveries: A guide to help families navigate through grief towards healing.....During the Holidays*, Mourning Discoveries, 2009, all rights reserved.
- Findlay Linda B. and David J. Roberts, *Mourning Discoveries: A guide to help families navigate through grief towards healing.....The Loss of a Pet*, Mourning Discoveries, 2009, all rights reserved.
- “A Double- Edged Sword”, Summer 2009 issue of *The Compassionate Friends: We Need Not Walk Alone*. Vol 32, No 2.
- “The Challenges of Grief Work with Chemically Dependent Clients” *Recovering the Self*. July 2010, Vol II, No.3.
- Contributing writer for *The Open to Hope Foundation* since September 14, 2009. Have published 65 articles on grief, loss and addiction.

- “David Roberts on Loss, Grief and Healing” (Interview) *Recovering the Self*. October 2010, Vol II, No.4.
- “Do I Have to Like Everybody?” *Recovering the Self*. January 2011, Vol. III, No.1.
- “Parenting Through Adversity” *Recovering the Self.* October, 2011, Vol III, No.4.

Books and Publications(Cont'd)

- Co-authored paper with Dr. Steven Specht Ph.D., Department of Psychology, for Eastern Psychological Association conference (2017) titled “The Relationship Between Grief and Nostalgia in Bereft Adults.”
- “An Undeniable Thread of Connection.” *Recovering the Self*. April 2017, Vol VI, No.1.
- *Utica Phoenix (Utica, New York)* Columnist on grief, loss and addiction from 4/1/17 - 8/1/19.
- *Huffington Post (New York)* blogger/ contributor ,8/22/14- 1/18/18(Contributor site closed by Huffington Post) Published 30 articles on topics related to grief loss and addiction.
- Author at Medium.com. Have contributed articles to several publications since January 22,2018
- “The Healing Power of Karma After Loss.” *Mindfulness and Grief Training Institute Blog*, December 7,2018.
- “Sometimes the Smallest Things Take Up The Most Room in Our Hearts.” *Mindfulness and Grief Training Institute Blog*,5/22/19

Skills and Qualifications

- Certified Violence Intervention and Prevention (VIP) Trainer, NYS Office of Alcoholism and Substance Abuse Services 2003- 2012.
- Completed volunteer training for Hospice and Palliative Care, Inc. during November of 2007.